

RTC

Waiver





A Care Management Service by Choices, Inc.

RTC Waiver A Program of Maryland Choices

Family Centered Care and Support:

A leader in systems of care and wraparound, Maryland Choices has more than five years of experience serving youth with emotional, behavioral or mental challenges. Because of our experience, Maryland Choices has been invited to take this same philosophy of care and offer the RTC Waiver for families in northwestern Maryland. This includes Allegany, Baltimore, Carroll, Frederick, Garrett, Harford, Howard, Montgomery and Washington counties.

RTC Waiver is a program for youth ages 6-20 who are experiencing serious mental health needs. Youth in the RTC Waiver receive the same standard of care as youth in other Maryland Choices programs. Youth in this program are eligible for support that includes peer-to-peer support and training for families or youth; crisis, stabilization and behavioral services; and respite care. Youth are served through a wraparound process, which guarantees a family-centered and individualized plan of care.

Wraparound

Maryland Choices utilizes a process called wraparound: an approach of coordinating highly individualized, family-centered plans of care that focus on the unique needs and strengths of each family. Supported by a care coordinator, families work as drivers of their own care and interact directly with providers serving them. Maryland Choices' care coordinators act as facilitators and strategic interventionists for the family and guide them through the process of child and family team meetings.

Child and Family Teams

Child and family team meetings are an integral part of the wraparound process. With the aid of a care coordinator, each family develops a team that will best support them. This team can include other family members, friends, neighbors, specialists like therapists or child welfare workers, and representatives from the agency making the referral to the RTC Waiver. This team works with the caregiver and youth to assure the crisis plan is followed, strengths are developed, identified needs are met, and natural, community-based supports are found to help them become successful.

Accessing the RTC Waiver

To be eligible to participate in the RTC Waiver, youth must meet certain financial and medical criteria. Please contact Maryland Choices at 877.565.5392 for eligibility criteria and enrollment information.

Youth and families that are a good fit for this program are:

- · willing to stay in the home placement
- · available for intensive, in-home and community-based approaches to care
- · prepared to be part of the child and family team

Referrals

To make a referral, or to make a self-referral, please contact Maryland Choices. You will be asked to complete a short referral form and may need to provide other documents such as assessments, intake summaries, or other historical documents.

Our Support:

The RTC Waiver is made possible by:

- · The Maryland Children's Cabinet
- · Governor's Office for Children
- Maryland Department of Health and Mental Hygiene
- US Department of Health and Human Services
- Centers for Medicare and Medicaid Services

Project management and evaluation for this program is provided by the Maryland Child and Adolescent Innovations Institute and Mental Health Institute at the University of Maryland School of Medicine.

For Information on Financial and Medical Criteria and Eligibility:

Joe Wilson Maryland Choices P: 301.947.0023 or Toll Free: 877.565.5392 www.MarylandChoices.org

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Choices is a leading provider of wraparound for communities with large populations of youth in or at risk of out-of-home placement. Our care management programs work to eliminate barriers within government systems by pooling existing public funds to offer the flexibility needed to coordinate community resources across a wide range of service providers. This flexibility is critical so youth and their families can access the individualized care they need. Our approach aims to avoid duplication of services and shorten lengths of stay in the system.



Helping You Change Lives®

Visit Us Online At: www.ChoicesTeam.org



DHR
Group Home
Diversion





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DHR Group Home Diversion

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Family Centered Care and Support:

A leader in systems of care and wraparound, Maryland Choices has more than five years of experience serving youth with emotional, behavioral or mental challenges. Because of our experience, Maryland Choices has been invited to take this same philosophy of care and offer the DHR Diversion Program for families in northwestern Maryland. This includes Allegany, Baltimore, Carroll, Frederick, Garrett, Harford, Howard, Montgomery and Washington counties.

DHR Group Home Diversion Program is available to youth in the custody of DHR who are at risk of a Group Home placement or are stepping down from a group home to a less restrictive environment such as foster home or relative home. Youth are served through a wraparound process, with a family-centered and individualized plan of care.

Wraparound

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Child and Family Teams

Child and family team meetings are an integral part of the wraparound process. With the aid of a care coordinator, each family develops a team that will best support them. This team can include other family members, friends, neighbors, specialists like therapists or child welfare workers, and representatives from Department of Social Services/Child Welfare Services. This team works with the caregiver and youth to assure the crisis plan is followed, strengths are developed, identified needs are met, and natural, community-based supports are found to help them become successful.

Accessing DHR Group Home Diversion

Please contact Maryland Choices at 877.565.5392

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- · available for intensive, in-home and community-based approaches to care
- · prepared to be part of the child and family team

Referrals

To make a referral, or to make a self-referral, please contact Maryland Choices. You will be asked to complete a short referral form and may need to provide other documents such as assessments, intake summaries, or other historical documents.

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